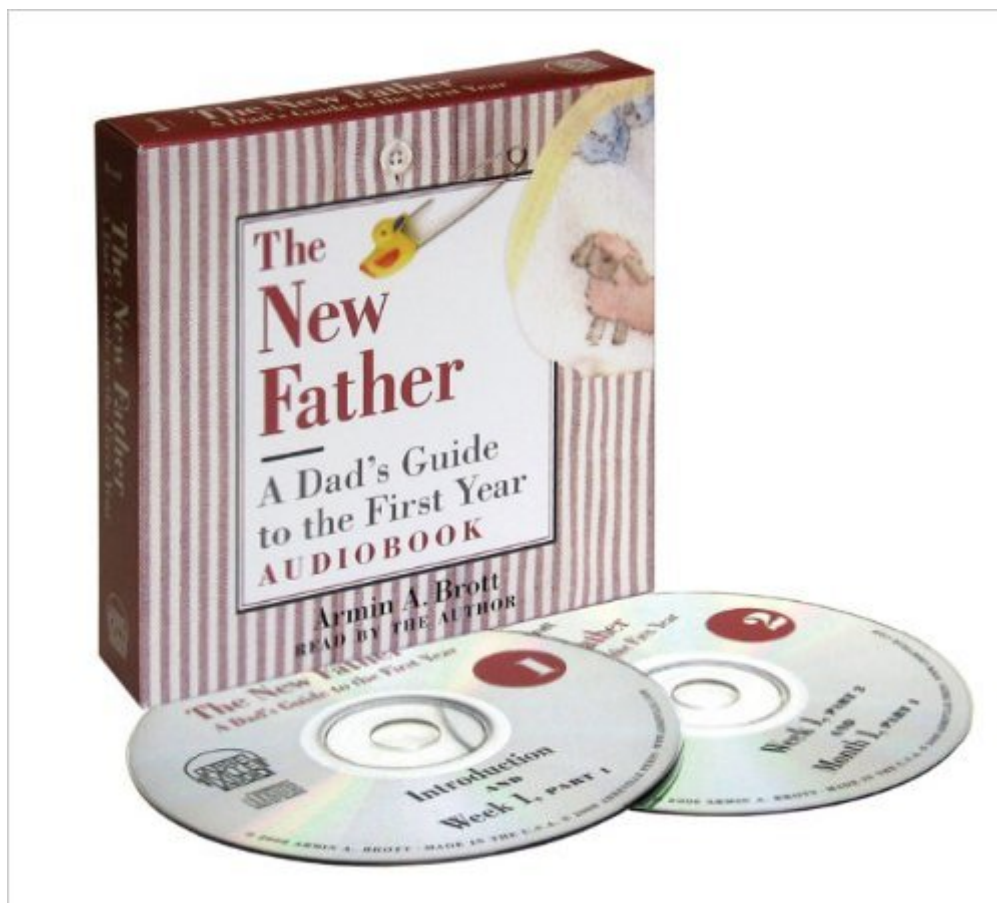


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# The New Father: A Dad's Guide To The First Year



## Synopsis

The best-selling, ground-breaking, information-packed guide for dads-to-be is now an indispensable audiobook, read by Armin Brott, who has been called America's most trusted Dad. With more than 1 million copies in print, this series includes "The New Father"; "Fathering Your Toddler"; and "Fathering Your School-Age Child".

## Book Information

Audio CD

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Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (123 customer reviews)

Best Sellers Rank: #1,988,032 in Books (See Top 100 in Books) #86 inÂ Books > Books on CD > Parenting & Families > Parenting #1040 inÂ Books > Books on CD > Health, Mind & Body > General #1473 inÂ Books > Parenting & Relationships > Family Relationships > Fatherhood

## Customer Reviews

This is a fabulous book not only for fathers but for mothers as well. There are a number of reasons for this. First, there are a number of topics covered in the book which are never mentioned in similar books for women. For example, the book contains information on financial planning, estate planning and the like. Unfortunately, these issues are NEVER mentioned in books geared toward women, even though such issues are of crucial importance to women. I regret to say that I think the reason for this is lingering stereotypes about men being the "planners" or "long term thinkers" for the family. Second, the manner in which controversial issues (e.g., family bed, breastfeeding past 1 year) are presented is evenhanded and unbiased. For example, in *What to Expect the First Year*, breastfeeding past one year is discussed in wholly negative terms -- "hauling out one's breasts, lack of independence, ear infections etc..." This book's presentation truly incensed me, especially since the authors present the book as being the source for "objective" information. Attachment parenting books sometimes give one the impression that mothers should continue breastfeeding until the child is off to kindergarten. Brott's presentation, on the other hand, is truly evenhanded, and even mentions his partner's decision to breastfeed his younger child for two years. I really appreciated

this after all the charged information I read in books geared for women. Finally, the manner in which common topics are presented/discussed is unique and useful. For example, he has sections dealing with a child's temperament and follows through on this theme by discussing how a parent can aid a child's various transitions depending on his or her temperament.

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